

# JULY ALL TEAM

## BUILT FOR OVERFLOW

*Four Columns for a Calling to Build for Overflow*

### REFLECTION

As I pause and take time to look at this list, where are my strengths and opportunities to grow? What is the Holy Spirit saying to me, and what is He inviting me to re-engineer?

### 1. LIFE WITH GOD

I KEEP A DAILY TIME WITH GOD (FAST REGULARLY)  
I PRACTICE SOLITUDE AND SILENCE  
I TITHE AS WORSHIP  
I PURSUE PERSONAL HOLINESS  
I KEEP MY FIRST LOVE

### 2. LIFE WITH SELF

I KEEP A WEEKLY SABBATH I CARE FOR MY BODY  
I BUILD MARGIN  
I PRACTICE SIMPLICITY AND SLOWING  
I ATTEND TO MY EMOTIONAL HEALTH - HOW AM I REALLY FEELING?  
I KNOW MY LIMITS

### 3. LIFE WITH OTHERS

I'M IN AUTHENTIC COMMUNITY  
I KEEP HONEST, ACCOUNTABLE RELATIONSHIPS  
I PRIORITIZE MARRIAGE AND FAMILY  
I STAY TEACHABLE  
I KEEP SHORT ACCOUNTS  
I'M PRESENT WHEN I'M PRESENT

### 4. LIFE ON MISSION

I ATTEND WEEKEND SERVICES  
I FIND FRESH WAYS TO SERVE  
I SHARE MY FAITH  
I LIVE GENEROUSLY BEYOND THE TITHE  
I PRACTICE HOSPITALITY  
I SEE ALL OF LIFE AS MISSION

*After you sit with each list, listen for how the Holy Spirit is speaking to you. Journal what He says to you. Continue praying, and share this with someone you trust to seek wisdom and guidance.*

## ALL FOR JESUS